

Menus

Cook Serve Autumn Menu 1

Running w/c - 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03

Monday	Tuesday	Wednesday	Thursday	Friday
All Day Breakfast	Chicken Tikka	Roast Gammon	Meatballs in Gravy	Fish Fingers
_	Masala with Rice	Carrots & Broccoli	with Mash	Chips
Vege All Day Breakfast	Peas & Sweetcorn	Roast Potatoes	Corn Cobettes	Baked Beans
	_	-	_	-
_	Vegetarian	Tomato Pasta bake	Vege Sausage	Cheese & Tomato Pizza
Fruit Waffles	Quiche	Carrots & Broccoli	with Mash, Gravy	Chips
-	Peas & Sweetcorn	_	Corn Cobettes	Baked Beans
Fresh Fruit Platter	Mash	Iced Buns	Chocolate Vanilla	-
Yogurts	_	-	Shortbread & Custard	Chocolate Ice Cream Tub
	Drizzled Strawberry	Fresh Fruit Platter	-	_
	Sponge	Yogurts	Fresh Fruit Platter	Fresh Fruit Platter
	_		Yogurts	Yogurts
	Fresh Fruit Platter			
	Yogurts			

Available Daily: Home Baked Bread, Seasonal Salads: Alternate Offer Baked Potato Bar or Packed Lunch





Menus

Cook Serve Autumn - Week 2

Running w/c - 11/11, 02/12, 06/01, 27/01, 24/02, 17/03, 07/04

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Lasagne with	Baked Sausages with	Roast Chicken &	Teriyaki Pork with Rice	Cod or Salmon Fish Stars
Garlic Slice	Diced Potatoes	Seasoning, New Potatoes	Trio of Winter Vegetable	Chips
Peas & Carrots	Green Beans &	Broccoli & Baton Carrots	Mix	Mushy or Garden Peas
-	Sweetcorn with Gravy	- Vege Mince	-	
Vegan Sausage Roll	-	Cottage Pie	Macaroni Cheese	Cheese & Tomato Pizza
Peas & Carrots	Quorn Sweet Chilli	Broccoli & Baton Carrots	Trio of Winter Vegetable	Chips
Potato Wedges	Noodles	_	Mix	Mushy or Garden Peas
_	Green Beans & Sweetcorn	Fruit Flapjack	-	-
Strawberry Whirl	_	_	Chocolate Cracknell	Fruit Smoothie
_	Chocolate Orange	Fresh Fruit Platter	-	_
Fresh Fruit Platter	Shortbread	Yogurts	Fresh Fruit Platter	Fresh Fruit Platter
Yogurts	_		Yogurts	Yogurts
	Fresh Fruit Platter			
	Yogurts			

Available Daily: Home Baked Bread, Seasonal Salads: Alternate Offer Baked Potato Bar or Packed Lunch





Menus

Cook Serve Autumn - Menu Week 3

Running w/c - 18/11, 09/12, 13/01, 03/02, 03/03, 24/03

Monday	Tuesday	Wednesday	Thursday	Friday
Monday Battered Chicken Bite Sweet Chilli Dip Potato Wedges Peas & Sweetcorn - Meat free Bolognaise & Spaghetti Peas & Sweetcorn - Chocolate Surprise Cake	Tuesday Sweet Chilli Chicken With Rice Vegetable Medley Cheese Whirls with Vegetable Rice Vegetable Medley Dinky Donuts with Orange Sauce	Roast Beef, Yorkshire Pudd Roast Potatoes Savoy Cabbage & Roast Parsnips Quorn Roast Roast Potatoes Savoy Cabbage & Roast Parsnips Cinnamon Cake with	Thursday Pork Sausage Roll Herb Diced Potatoes Green Beans & Carrots - Vegetarian Tikka Masala With Rice Green Beans & Carrots - Fruit Smoothie -	Jumbo Fish Finger Chips Baked Beans Cheese & Tomato Pizza Chips Baked Beans Vanilla Ice Cream with Fruit compote
– Fresh Fruit Platter Yogurts	– Fresh Fruit Platter Yogurts	Custard Fresh Fruit Platter Yogurts	Fresh Fruit Platter Yogurts	Fresh Fruit Platter Yogurts

Available Daily: Home Baked Bread, Seasonal Salads: Alternate Offer Baked Potato Bar or Packed Lunch



Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org