Subject: PE

# <u>Spiritual</u>

# At Meriden CE Primary School we..

 encourage pupils to explore and value different sports, dances and physical exercises that may animate themselves and others

#### Learning intentions:

- To reflect on feelings associated with an outdoor pursuit or adventurous activity;
- To develop the qualities of self-discipline, commitment, perseverance and self-confidence in achieving success in PE;
- To reflect on the beauty of movement in a variety of games and rhythmic responses in dance;
- To experience the pleasure and exhilaration of achieving a personal goal or watching a high level of performance.
- To gain a sense of achievement
- To develop positive attitudes towards themselves
- To learn to know and challenge their own physical limits
- To developing a healthy body and a healthy mind
  - To share in activities/team work developing a sense of belonging

#### Example outcomes (I can...)

- raise questions and acknowledge the effect on performance of physical shape, size, appearance and physical fitness:
- experience and reflect on feelings of determination, exhilaration and enjoyment
- learn to appreciate and enjoy the way my body works and can be used to express emotion (eg in dance)
- understand that body, mind and spirit influence each other
- enjoy and know the quality of stillness

#### Moral

# At Meriden CE Primary School we...

- Have competitive sports that model to children the quality of relationships and the principles they wish to promote; interactions inside and outside the classroom develop co-operation, thoughtfulness and positive communication.
- Reinforce values through displays in school appreciating, respecting and supporting school teams. Promoting and raising the
  profile of sport.
- Acknowledge that physical exercises involve a clear moral code for children to follow and learn to recognise that this is important.

#### Learning intentions:

- To learn to respect and abide by the rules of the game and reflect on questions of fair play;
- To reflect on the need for rules
- To consider the issues around enhancing performance (including the use of drugs)

# Example outcomes (I can...)

- play fairly and have a positive sporting attitudes
- reflect on values surrounding 'competition' (including 'winning at all costs')
- examine issues in sport such as: racism, sporting heroes as role models, sports wear etc

#### Social

# At Meriden CE Primary School we...

- Have team games which develop an ethos within which pupils can flourish and respect themselves and others.
- Are a member of SSP- play as part of a team, fostering a sense of community that is inclusive. All children invited to be member of sporting clubs/activities.
- Play team games and have PE lessons that encourage children to develop social skills by co-operating with each other in small and large teams- understanding emotions of winning and losing.
- Respect and celebrate differences of physical ability and including those who are limited of this.
- Develop sportsmanship during assemblies which gives the opportunity to praise and celebrate the achievements of the children whilst allowing others to respect their awards.
- Develop relationships between all ages by providing opportunities for y6 to take ownership of activities for KS1 giving the children responsibility, reliability and independence.
- Go on Residential visits Redridge

# Learning intentions:

- To develop social skills of co-operation, responsibility, communication, personal commitment, loyalty and team work
- To discover the role of sport/dance in society
- To learn to take responsibility eg as team leader/coach
- To consider the social aspects of sport (eg leisure)

# Example outcomes (I can...)

- control my feelings including aggression when working with others
- handle success and defeat with dignity
- explore how people show they belong to a group eg sportswear, team strip etc
- show awareness of others' needs, particularly physical

### Cultural

# At Meriden CE Primary School we...

- Make links with cultural differences when exploring dances from other countries.
- Participate in dances and games from a variety of cultures or traditions;
- Learn dances from different traditions, including their own
- Play traditional games and recognise the children's importance locally, nationally and internationally

# Learning intentions:

- To understand the importance of activities for different cultures
- To be aware of different cultural attitudes towards aspects of physical activity
- To consider sub-cultures in sport teams adopting names of international sides
- To recognise that athletes may have varying backgrounds

# Example outcomes (I can...)

 explore the contribution of sport/dance to the arts